



**ALL SAINTS' C. of E. (AIDED) PRIMARY
SCHOOL AND NURSERY UNIT**
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27th January Newsletter 2023

COMPASSION



This half term we are studying the Christian value 'Compassion' with a focus on teaching the children to be compassionate to each everyone. We have included an information sheet on the value in the pages below with ideas of how you can support

'Wig on Her'

Thank you for all your support for Mrs Ratcliffe. She was overwhelmed and touched with how much effort everyone had put in. With your help her total raised for Cancer Research has reached £5359.

PE KITS

It is essential that the children have a full P.E. Kit in school every day.

Physical education is a statutory part of the National Curriculum with children receiving a minimum of 2 sessions of PE a week. Kits need to be in every day as additional Sport sessions can be added and session times can change. Your child's PE kit **MUST** include:

- White or team colour (blue, green, red, yellow) T-shirt & black or blue shorts
- Pumps (gym in the hall) & Trainers (outdoors)
- Tracksuit bottoms for outdoor sessions in colder weather (optional)

Head Lice

From time to time we get calls from parents upset that their child has head lice and keeps catching them. This is a problem in all schools and it just needs everyone to be vigilant and keep up inspecting and combing their child's hair. It is so easy to miss an egg which then hatches and starts the whole cycle again.

Below is advice from the NHS:

Treat head lice as soon as you spot them.

You should check everyone in the house and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice.

Wet combing

Lice and nits can be removed by wet combing. You should try this method first.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits. There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Medicated lotions and sprays

Ask a pharmacist for advice if you have tried wet combing for 17 days, but your child still has live head lice.

They may recommend using medicated lotions and sprays. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Communication

Newsletter subscription

Subscription via the website is on the School Website home page:

<http://www.allsaintscofe.lancs.sch.uk/>

HAVE YOU DOWNLOADED THE CHORLEY ALL SAINTS APP ?

Open your app store on your phone/device and search '*School jotter*', click install. Type '*PR72LR*' and click on 'Chorley All Saints' Church of England Primary School'. This will sign you up to the School app. You will receive notifications when news/newsletters are shared, however you may need to check your phone settings to allow notifications to come through.

Facebook

Chorley All Saints business page is on Facebook announcements, updates and news only. You can find the page by searching '**Chorley All Saints**' in the Facebook search box and 'Like' and 'Follow' to receive news.

Seesaw

It is important that all parents' **sign up to 'Class Seesaw' & 'Family Seesaw'** as homework and communication from the class teacher will be via this method. We will also share pictures of your child in their work and class activities. If you are new to the school or would like help doing this please ask at the office. **Staff can only respond in school working hours, Monday to Friday 8.30am – 4.00pm**

Spring Term 1 Afterschool Clubs

If children are staying behind for a SPORTS club they **will wear their SCHOOL PE KIT ONLY – black/navy tracksuit bottoms or leggings**. Please do not send children in other clothes.

Monday	KS1 Football	KS2 Board Game Club		Y3 -6 – Homework Club
Tuesday	KS2 Football Club	Rec/Y1 – Hob Nobs Club		Y3 -6 – Homework Club
Wednesday	Y5/6 Netball	KS1 Board Game Club		Y3 -6 – Homework Club
Thursday	KS1 Multi Skills	Y2/3 – Hob Nobs Club	Y4/5 Art & Craft Club	Y3 -6 – Homework Club
Friday	KS2 Multi Skills	Y4,5,6 Choir		

Uniform

Please ensure your child has the correct uniform and all items are named as this helps us return them when they are misplaced. Uniform is as follows:

- Royal blue school jumper/ cardigan / Hoody
- Grey/ Black trousers / skirt/ shorts (NO JOGGERS or TRACKSUIT PANTS)
- White polo shirt
- Black school shoes appropriate for wet weather (NO WHITE or COLOURED TRAINERS)
- Warm coat (they go outside most weathers)
- Grey/ black/ white socks

Parental On-line Payments

A reminder, Dinner Money, Trips and Uniform can be paid on-line through Schools Cash Office. Mrs Walters can send you login details/instructions if you wish to use this method of payment. In future, we are also going to allow payment on-line for discos, cinema nights and non-uniform days.

Change of Details

Can you please let the school office know if you have changed any of your details e.g. mobile phone numbers, addresses etc. It is extremely important that we are able to contact someone in an emergency or if there is any important information you need to know regarding the school.

Online safety

Each month we will sharing some support and guidance to help you keep your children safe online. .

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one game of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about OF WORLD WARCRAFT

AGE RESTRICTION
12+

WHAT ARE THE RISKS?

World of Warcraft originally launched way back in 2004, and since then the game has blossomed into a major entertainment property. It's spawned spin-off novels, merchandise and even a Hollywood movie adaptation ... but why are we still talking about it in 2023? World of Warcraft's most recent iteration, Dragonflight, launched last November and marks the game's ninth major expansion. This latest addition has attracted a whole host of lapsed players back to the game – as well as newcomers jumping into the realm of Azeroth for the first time.

ALWAYS ONLINE

World of Warcraft is an MMORPG, which stands for Massively Multiplayer Online Role-Playing Game. Players create a character and head off on mythical quests to earn rewards and become more powerful. The game's environment is absolutely vast, and it can only be played online on PC or Mac – so there's a high probability of young Warcraft fans wanting to monopolise the family computer.

REGULAR EXPANSIONS

As is common with many MMORPGs, World of Warcraft's developers, Blizzard, release regular expansions for the game (usually every 18 months to two years). So although there's still plenty of content for young players to experience right now, there will almost inevitably be a requirement to continue buying future expansion packs, which tend to cost around £50.

IN-GAME PURCHASES AND SUBSCRIPTIONS

Just like its genre contemporary Final Fantasy XIV, World of Warcraft requires a monthly subscription fee to play. It's currently £9.99 per month (although you can get it cheaper by signing up to a longer subscription). There are also many items which can be purchased from the in-game store that don't affect gameplay, but instead offer cosmetic alterations to a player's character.

VOICE AND TEXT CHAT

Because World of Warcraft is played exclusively on PCs and Macs, it's easy for users to type out text messages if they aren't comfortable using voice chat. If you'll forgive the pun, that's a double-edged sword because – although there's less chance of them being harassed verbally – it puts young players at increased risk of being trolled or receiving spam through the in-game messaging function.

SIMULATED VIOLENCE

The fact that World of Warcraft is almost 20 years old means that even its most violent battles look slightly cartoonish compared with the level of authenticity in many more modern games. The exception tends to be Warcraft's in-game cutscenes: animated sections which move the plot onto the next stage. These offer more realistic visuals, but they still aren't overly gory or scary.

POTENTIAL FOR ADDICTION

World of Warcraft can trigger a powerful "just one more quest" mentality in players (especially young ones) as they rush to secure the next dopamine hit from levelling their character up or earning a new item or weapon. It's also a game that doesn't have a definite 'end' – because as soon as a player finishes levelling up one character, they can start afresh with another one.

Advice for Parents & Carers

MANAGE PLAYTIME

World of Warcraft can be an extremely enjoyable game to play with friends, but it's important that your child doesn't let their adventures crowd out school work, socialising or anything else they also enjoy. You could, for example, consider imposing playtime limits – such as a set number of hours to play Warcraft per week, or restricting it to particular days or just weekends.

MAKE IT A REWARD

If your child is excited about getting the next World of Warcraft expansion, you could consider using it as a reward for completing their weekly tasks (you could even call them 'quests') like tidying their room or doing their homework. This will demonstrate that you're happy for them to play the game but will also help them to build good, productive habits, reinforcing that hard work earns rewards.

SIGN UP FOR THE FREE TRIAL

Warcraft's monthly subscription effectively 'pays' for the regular new content, but there's also a sizeable free trial that lets new players explore the world of Azeroth without paying a penny. Players can play up until Level 20 for free, which is easily several hours' worth of gameplay. If your child does take this option, we'd suggest minimising in-game spending by not linking a bank card to their account.

REMEMBER THE AGE RATING

Due to mild violence and the occasional use of offensive language, World of Warcraft has been rated as appropriate for players aged 12 and over by PEGI (the Pan-European Game Information system, which gives games their age certificate). It isn't really suitable for anyone below that age, so you may potentially have to explain this reasoning to your younger children if they want to play it.

ADVENTURE TOGETHER

Warcraft can certainly be addictive, but playing it together is also a great way to spend time with your child. The game's focus on cooperative questing and battling enemies can make it feel like you've accomplished something as a team, and you'll also be in a prime position to spot any early signs of addiction. Just remember to apply gaming time limits to yourself as well as your young ones!

Meet Our Expert

Lloyd Coombes is Games Editor of technology and entertainment website Dextero and has been working in the gaming media for three years. A long-time gaming enthusiast, he is also a parent and therefore a keen advocate of online safety. Writing mainly about tech and fitness, his articles have also been published on influential sites including IGN and TechRadar, among others.



National
Online
Safety®

#WakeUpWednesday

Parking Around School

Whilst we understand that parking around school can be difficult, we are requesting that all parents park with consideration and drive with due care and attention. To ensure the safety of our pupils and parents, please **do not** park on the staff car park, on street corners, pull on to the pavements or infringe the zig-zag markings around school.

Date	Event	Details
1.2.23	Y1 Trip, Fire Service Museum	
2.2.23	Art for Heart Day	More details to follow
7.2.23	Internet Safety Day	
8.2.23	Bedtime Story, Rec, Y1, Y2, Y3	5.00-6.00pm
10.2.23	School Closes for Half Term	3.15pm
20.2.23	School Re-opens	
2.3.23	World Book Day	
22.3.23	Parent's Evening	3.45-6.45pm
31.3.23	Close for Easter	2.15pm
17.4.23	School Re-opens	
1.5.23	May Day	
4.5.23	Inset Day	
26.5.23	Finish for Half Term	3.15pm
13.7.23	Y6 Leavers Performance	
21.7.23	Finish for Summer	2.15pm

COMPASSION

HOME SCHOOL VALUES

This term we will be focussing in school on the value COMPASSION. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER about Compassion

Compassion is about 'standing in someone else's shoes' when they are having a hard time. In other words, trying to understand how they might be feeling and doing our best to try to help.

Talk together about:

- how we can show **compassion** and kindness to one another at home
- recognising when friends at school need us to listen and act with **compassion**
- stories in the news demonstrating how strangers show **compassion** in times of natural disasters
- how nations show **compassion** to other nations at times of disaster or need by sending money or volunteers to help



THINK TOGETHER Words of Wisdom

"No act of kindness, no matter how small, is ever wasted."

Aesop



READ TOGETHER...

The good Samaritan

When someone asked Jesus the question, "Who is my neighbour?" he told a story that surprised everyone who heard it. The hero was from Samaria but those listening were mainly Jews. (Jews and Samaritans usually kept well away from each other.)

"A man set out on foot from Jerusalem to a town called Jericho", said Jesus. The crowd murmured and exchanged knowing glances. They knew this was a lonely, dangerous road, a favourite place for robbers to attack travellers. "As the man reached a rocky and desolate place, a gang of robbers leapt out and beat him. They took all that he had and left him bleeding and bruised. To the man's relief, he saw in the distance a priest from the temple. A priest is bound to help me, thought the man. He waited until the priest came a little closer and then called out, 'Thank goodness it is you. Please Sir, take me to safety.' But to his amazement the priest hurried past pretending not to see or hear him.

As the poor, injured man grew weaker and weaker in the burning midday sun, he once again heard footsteps. Looking up he saw a Levite, another of his own people. 'Please Sir, please help me', he called out. Surely this Levite would take pity on him, but to his horror the Levite just kept on walking.

The man had almost given up hope when he felt a gentle touch on his shoulder. A stranger, a Samaritan, had bent down beside him and was bandaging his wounds and giving him sips of water to drink. The Samaritan helped the man on to his own donkey and slowly, carefully took him all the way to an inn. There he paid the innkeeper to look after the man until he was well. The man never forgot the **compassion** and kindness of the Samaritan stranger."

"Who do you think was a good neighbour?" asked Jesus.

Bible story based on Luke 10:29-31



QUIZ The Stranger on the road was kind....

Change one letter in the word to answer the next clue.

- | | |
|--|-------|
| The traveller was attacked as he walked along the | ROAD |
| Watching from the rocks was a small creature like a frog | _____ |
| The Samaritan _____ the innkeeper to look after the man | _____ |
| The Samaritan acted with courage. He was _____ | _____ |
| We sometimes talk about the _____ of friendship (rhymes with pond) | _____ |
| Wrap tightly with a bandage (rhymes with find) | _____ |
| The Samaritan in the story was | _____ |



FAMILY FOCUS

Random Acts of Kindness

Kindness is often appreciated most when it is offered at unexpected times.

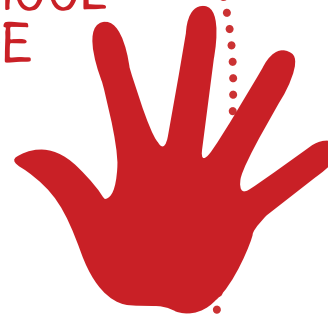
Choose one week this term for your family to have “a random acts of kindness” week, and do something kind for someone each day. Try to do it without telling people it was you!



www.randomactsofkindness.org



HOME-SCHOOL CHALLENGE



Helping hands

As well as being kind and showing **compassion** in what we say, it is often what we *do* that other people remember.

Draw and cut out the shape of each person's hand in your family. Decorate it with all the random acts of kindness that they have shown. Mount the hands of each member of your family on some paper so they look fantastic and ready to be displayed.



FASCINATING FACTS

What a difference **compassion** and kindness can make! Numerous charities help people who have been hurt, are ill or suffer through lack of resources. Below are just 3:

- **World Vision** encourages individuals and groups to ‘Sponsor a Child’ in an area of the world where food, health and education cannot be taken for granted. For just 75 pence a day the life of a child, in for example Uganda or Bolivia, can be transformed by providing help to grow food, source clean water, improve health services and pay for education.

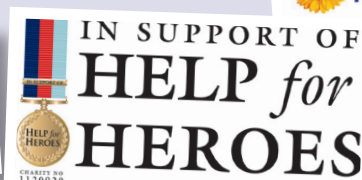
www.worldvision.org.uk

- **Help for Heroes** was set up after many British soldiers returned from war zones in Iraq and Afghanistan. By giving to this charity the public show their **compassion** for the soldiers and their families and recognise the service they gave on behalf of us all.

www.helpforheroes.org.uk

- **Help the Hospices.** Sometimes when people become very ill they go to a hospice which will provide them with care and **compassion**. Often hospices are maintained by donations from people who admire and value their service or who have had a relative who has been helped by the hospice.

www.hospiceuk.org



HALL OF FAME

A famous bear with a spotty scarf



Pudsey Bear became a national mascot in 1985. He was designed by Joanna Ball and she named him after the small town in Yorkshire where she lived and went to school for many years, Pudsey.

When we see Pudsey Bear we immediately think of Children in Need. This charity has grown enormously since it began and raises millions of pounds every year. Thanks to people all over the country, children in the UK and across the world have come to know real kindness and **compassion**, made possible by generous donations to the charity. www.bbc.co.uk/childreninneed